

One of the most important job's that an athlete is responsible for is the ability to create unconscious movements. This can take days, weeks, and even years of practice physically, mental repetition and even spiritual ritualization. Every motion fine tuned every moment; and even when the athlete feels they have achieved the ultimate level of attunement they look up and realize there is the next level.

At the core of honing these skills is the central nervous system. The brain and nerves emanate trillions of permutations per second, striving to assist every athlete in culturing their craft. It has been recorded that up to 640 trillion signals are being sent to and from your brain every second, and near 95% of those run through your brain stem: right through the top two neck bones.

The nervous system is unlike any other electrical system that we see in industry. It is more susceptible to pressure and damage. It, like any other tissue also requires healing when damaged. It is even known that as little as the weight of dime can elicit enough pressure on a nerve to reduce its function by up to 60%.

Every athlete knows that they cannot function at 60% less or even 5% less than their potential. Potential to connect brain to muscle, or even muscle to brain. Potential to heal from practice, events, or even real injury. Potential to create concise unconscious movements with fewer repetitions. Potential to focus more. Potential to grasp concepts faster. Potential to operate at the highest potential available to them. Potential to do what you have been training to do, get better, faster, stronger, smarter, win.

So, who checks these connections, who finds them, even when you think everything is okay, but you are losing 5% or more of your potential, and you don't even know it? The answer is, a trained Chiropractor can.

About 80% of the population is putting undue pressure against their brainstem at one or both of the top two neck bones. This area alone accounts for uncounted deficits in the body including relaxing and digestion. If there is pressure being put into the brain stem due to either of the top two neck bones then we know how to remove it; and we can remove it without wrenching the neck, popping it or physically rotating it. Our process is vastly gentler, more effective, and safer than thought of chiropractic therapies. Each correction is tailored to the athlete and the process we use allows the body to heal and resist future traumas.

Our only question to you is who is checking your brainstem and spinal cord?

Contact Dr. Kyle Durieux to discuss what this service can do for you!

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